

# General Health Appraisal Form

## Parent: Please complete

Child's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Allergies: ☐ None ☐ Describe: \_\_\_\_\_

Type of Reaction: \_\_\_\_\_

Diet: ☐ Breast Fed ☐ Formula: \_\_\_\_\_ ☐ Age Appropriate

☐ Special Diet: \_\_\_\_\_

☐ Preventive creams/ointments/sunscreen may be applied as requested in writing by parent, unless skin is broken or bleeding.

**Sleep:** Your health care provider recommends all infants less than 1 year of age be placed on their back for sleep.

I, \_\_\_\_\_ give consent for my child's health provider, school or camp personnel to discuss my child's health concerns. My child's health provider may fax this form (and applicable attachments) to my child's childcare provider, school, or camp. FAX Number: \_\_\_\_\_

\_\_\_\_\_  
Parent or Legal Guardian Signature Date: \_\_\_\_\_  
Authorization expires 365 days after this date

## Health Care Provider: Please complete after parent section has been completed

Date of Last Exam: \_\_\_\_\_ Recent Weight: \_\_\_\_\_ \*\*HCT: \_\_\_\_\_ \*\* B/P: \_\_\_\_\_ \*\*Lead Level: \_\_\_\_\_

Physical Exam: ☐ Normal ☐ Abnormal (see explanation of significant health concerns:)

Significant Health Concerns: ☐ None ☐ Reactive Airways Disease ☐ Seizures ☐ Diabetes ☐ Developmental Delays

☐ Vision ☐ Hearing ☐ Hospitalizations ☐ Severe Allergies ☐ Other (dental, nutrition, behavior, etc.) \_\_\_\_\_

Explain above concerns (if necessary, include instructions to childcare providers): \_\_\_\_\_

Current Medications/Special Diet: ☐ None ☐ Describe: \_\_\_\_\_

(Separate medication authorization form required for medications given in Child Care)

**Fever reducer or pain reliever (mark only one product: max. 3 consecutive days without additional medical authorization)**

☐ Acetaminophen (Tylenol®) may be given for pain or fever over 102° every 4 hours as needed:  
Dose \_\_\_\_\_ ☐ See attached Dosage Schedule from our office

OR

☐ Ibuprofen (Motrin®, Advil®) may be given for pain or fever over 102° every 6 hours as needed:  
Dose \_\_\_\_\_ ☐ See attached Dosage Schedule from our office

Immunizations: ☐ Up-to-date ☐ See attached immunization record ☐ Administered today: \_\_\_\_\_

## Signature:

Next Well Visit: ☐ Per AAP Guidelines\* or ☐ Age: \_\_\_\_\_

This child is healthy and may participate in all routine activities, sports, camps, and child care. Any concerns or exceptions are identified on this form.

\_\_\_\_\_  
Signature of Health Care Provider (certifying form was reviewed)

\_\_\_\_\_  
Date

## Office Stamp: Or write Name, Address, Phone Number

The Colorado Chapter of the American Academy of Pediatrics (AAP), Healthy Child Care Colorado, and Headstart have approved this form 04/04.

\* The AAP recommends that children from 0-12 years have health appraisal visits at: 2, 4, 6, 9, 12, 15, 18 and 24 months, and age 3, 4, 5, 6, 8, 10 and 12 years.

\*\* Required by Head Start programs only per state EPSDT schedule

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SAMPLE

**MEDIA USE PERMISSION FORM\***

**Child's Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

I do/do not give permission for my child to use or view the following:

	YES	NO
Television Viewing	_____	_____
Video Viewing	_____	_____
Music	_____	_____
Video Games	_____	_____
Computer Use	_____	_____
Other: _____	_____	_____

**My child may engage in the approved activities for up to \_\_\_\_\_ total hours per day.**

- \* Regulations for facilities caring for children require that media use is permitted only with the written approval of a child's parent or guardian, including appropriate time limits.

These activities must not contain violence, profanity, nudity, sexual, or inappropriate content.

All children must be provided with an alternative activity once the child/children lose interest in the media activity.

**Signature of Parent or Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## CHILD PICK UP INFORMATION

Persons authorized to pick up your child  
(Must show photo ID)

Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Name, address and phone number of child's doctor \_\_\_\_\_

Name, address and phone of child's dentist \_\_\_\_\_

Hospital of Preference (Please check one) ☐ The Children's Hospital  
13123 East 16<sup>th</sup> Avenue  
Aurora, CO 80045  
720-777-1234

☐ Insert Nearest Local Hospital

☐ Insert Nearest Local Kaiser Permanente Hospital

☐ Other \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Chronic Medial conditions \_\_\_\_\_

Does your child have a health care plan ? \_\_\_\_\_ If yes, the health care plan must be provided on or before the first day the child is in care.

Is your child fully immunized ? \_\_\_\_\_ Completed immunization records must be provided on or before the first day the child is in care.

Food Allergies \_\_\_\_\_



## TOPICAL PREPARATIONS (PREVENTIVE) PERMISSION FORM

*This form covers a variety of preventive topical preparations that may be applied to the skin with parent/guardian permission*

Child's Name \_\_\_\_\_ Parent/Guardian's Name: \_\_\_\_\_

### SUNSCREEN

I give my permission for the staff at \_\_\_\_\_ to assist with applying or apply sunscreen to my child's exposed skin including the face, tops of ears and bare shoulders, arms, legs and feet 30 minutes before outdoor activities. It is my responsibility to provide sunscreen with a minimum SPF of 15. I understand I must provide the sunscreen in its original container labeled with my child's name and within the noted expiration date. Sunscreen will not be applied to any broken skin or if a skin reaction has been observed. Any skin reaction observed by staff will be reported promptly to the parent/guardian.

- ☐ In the event that my child does not have sunscreen with them, the school may apply \_\_\_\_\_ to my child. It is my responsibility to check the \_\_\_\_\_ ingredients of this product to ensure my child is not allergic to it.
- ☐ My child may NOT use any sunscreen other than the one that he/she brings.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### MOISTURIZING LOTION/CREAM/BALM

I give my permission for the staff at \_\_\_\_\_ to assist with applying or apply skin lotion/cream to my child. I understand I must provide the lotion/cream/balm in the original over the counter container labeled with my child's name. It is my responsibility to check the ingredients of this product to ensure my child is not allergic to it. Skin lotion/cream/balm will not be applied to any broken skin or if a skin reaction has been observed. Any skin reaction observed by staff will be reported promptly to the parent/guardian.

- ☐ Name of product: \_\_\_\_\_  
Special instructions: \_\_\_\_\_
- ☐ My child may NOT use any other skin lotion/cream/balm than the one he or she brings

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### DIAPER OINTMENT/CREAM

I give my permission for the staff at \_\_\_\_\_ to apply over the counter diaper rash ointment/cream to my child. I understand that I may only provide diaper ointment or cream, free of antibiotic, antifungal or anti-inflammatory components without a written prescription from my doctor. I understand I must provide the ointment/cream in the original over the counter container labeled with my child's name. Ointment/cream will not be applied to any broken skin or if a skin reaction has been observed. Any skin reaction observed by staff will be reported promptly to the parent/guardian.

- ☐ Name of product: \_\_\_\_\_  
Special instructions: \_\_\_\_\_
- ☐ My child may NOT use any other diaper ointment/cream than the one he or she brings

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## SAMPLE CHILDREN'S ENROLLMENT RECORD

Date of Enrollment \_\_\_\_\_

Child's Name \_\_\_\_\_ Nickname \_\_\_\_\_

Home Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Sex M F Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Family Members: \_\_\_\_\_

Mother or Guardian's Name \_\_\_\_\_

Address if different from child's \_\_\_\_\_

Zip \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Name of employment (mother/guardian) \_\_\_\_\_

Address of employment (mother/guardian) \_\_\_\_\_ Work Phone \_\_\_\_\_

Father or Guardian's Name \_\_\_\_\_

Address if different from child's \_\_\_\_\_

Zip \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Name of employment (father/guardian) \_\_\_\_\_

Address of employment (father/guardian) \_\_\_\_\_ Work Phone \_\_\_\_\_

Special instructions for reaching parent or guardian \_\_\_\_\_

### EMERGENCY CONTACTS

1. Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Address \_\_\_\_\_

Work Phone \_\_\_\_\_ Relationship to child \_\_\_\_\_

2. Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Address \_\_\_\_\_

Work Phone \_\_\_\_\_ Relationship to child \_\_\_\_\_

To be filled  
out annually

**HEALTH HISTORY**  
(Chronic or recurring)

Ear Infections \_\_\_\_\_  
Diabetes \_\_\_\_\_  
Heart disease/defect \_\_\_\_\_  
Convulsion/seizures \_\_\_\_\_  
Asthma \_\_\_\_\_  
Nosebleeds \_\_\_\_\_  
Measles \_\_\_\_\_  
Mumps \_\_\_\_\_  
Chicken Pox \_\_\_\_\_  
Flu or Flu shot \_\_\_\_\_

**ALLERGIES**  
(Nature of Reaction)

Hay Fever \_\_\_\_\_  
Plant Poisoning \_\_\_\_\_  
Insect stings \_\_\_\_\_  
Penicillin \_\_\_\_\_  
Other drugs \_\_\_\_\_  
Animals \_\_\_\_\_  
Food \_\_\_\_\_  
Other \_\_\_\_\_

Operations or serious injuries (dates) \_\_\_\_\_

Is the child on any medications? (Explain) \_\_\_\_\_

If yes, please describe \_\_\_\_\_

Physical limitations \_\_\_\_\_ Describe if yes \_\_\_\_\_

Dietary limitations \_\_\_\_\_ Describe if yes \_\_\_\_\_

Vision \_\_\_\_\_ Hearing \_\_\_\_\_

Are there any activities that you prefer that your child NOT participate in?

If so please list: \_\_\_\_\_

**Authorization for Emergency Medical Care**

I hereby give my permission to \_\_\_\_\_ to call a doctor or emergency medical service and for the doctor, hospital or medical service to provide emergency medical or surgical care for my child, \_\_\_\_\_.

It is understood that the child care provider will make a conscientious effort to locate the parent/guardians and emergency contacts listed on the registration document before any action will be taken. If it is not possible to locate emergency contacts listed treatment will not be delayed. I/we will accept the expense of emergency transportation, medical or surgical treatment.

Parent/Guardian signatures

\_\_\_\_\_  
Date \_\_\_\_\_  
\_\_\_\_\_  
Date \_\_\_\_\_



**Adventures in Bethel**

**WALK TO THE PARK PERMISSION FORM**



Your child's will be walking to the neighborhood park few times a week if weather permits.

Location:	1.5 blocks away


Please return this permission slip by the first day of care.

I give permission for my child, \_\_\_\_\_, to walk to the park during attending Adventures in Bethel.

In case of an emergency, I give permission for my child to receive medical treatment. In case of such an emergency, please contact:

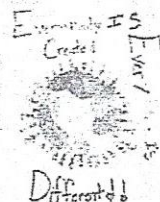
\_\_\_\_\_  
(Name)

\_\_\_\_\_  
(Phone Number)

\_\_\_\_\_  
(Parent/Guardian Signature)

\_\_\_\_\_  
(Date)

*Ann-ly*



## Family Interview Form

Child's name: \_\_\_\_\_ Date of birth \_\_\_\_\_ Sex: \_\_\_\_\_

Nickname(s) child responds to: \_\_\_\_\_

Date of admission: \_\_\_\_\_ Age: \_\_\_\_\_

Adult interviewed: \_\_\_\_\_ Relationship to child \_\_\_\_\_

Interviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

1. Reason for choosing childcare for your child:

\_\_\_\_\_

2. Family relationships:

A. Who are the primary caregivers of the child? (These would be people who have significant contact/influence with your child and/or may participate in the care of your child.) Do they live with you? What are their other responsibilities in the family (including work, school and other responsibilities)?

\_\_\_\_\_

B. Relationships with brothers, sisters, and other children:

Name of child(ren)	Age	Living with the child?
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

C. Relationships with others living in the home:

Name	Age	Relationship to child	Does the person take care of the child? How often?
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. Communication:

A. What is the primary language spoken in the home?

\_\_\_\_\_

B. How does your child communicate his/her needs?

\_\_\_\_\_

4. Diapering and toileting

A. What is your child's diapering or toileting routine?

\_\_\_\_\_



## Understanding and Respecting the Gifts of Culture



B. What words does your child use for urination? \_\_\_\_\_

Bowel movements? \_\_\_\_\_

C. If your child is using the toilet, please describe how you know when s/he needs to use it, and what assistance you usually provide:

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5. Eating:

A. What is an everyday feeding time or mealtime like in your home?

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B. Does your child have any dietary restrictions or food allergies?

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C. What are your child's favorite foods? Does s/he have any strong food dislikes?

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6. Sleeping:

A. How does your child nap at home?

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B. How does your child show that s/he is tired?

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C. Does your child have a special routine before going to sleep?

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D. Does your child have a special object (lovey or cuddly) that s/he sleeps with or uses for comfort?

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E. If there are problems concerning sleeping, do you have any special way of handling them?

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F. Is your child fairly regular in his/her sleeping habits (i.e. time of day; length of nap)?

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## 7. Development of feelings:

A. How does your child like to be comforted?

\_\_\_\_\_

B. Does your child use a pacifier? Do you have any rules about its use?

\_\_\_\_\_

C. How does your child usually react to being separated from the people who will be dropping him/her off?

\_\_\_\_\_

D. Are there things your child is afraid of (i.e. dogs; loud noises)?

\_\_\_\_\_

E. How does s/he express anger, or react to frustration?

\_\_\_\_\_

F. How does s/he express feelings of pleasure, excitement, or joy?

\_\_\_\_\_

G. What do you do when your child does something you think is wrong or bad for your child, or when your child does not listen to you?

\_\_\_\_\_

H. Do any of your child's behaviors cause you concern?

\_\_\_\_\_

8. What are your child's interests? What does s/he enjoy doing?

\_\_\_\_\_

9. In a few sentences, how would you describe your child?

\_\_\_\_\_

10. What would you like your child to be like when s/he is an adult?

\_\_\_\_\_

11. Are there any holidays or special occasions that you would like to celebrate with your child?

\_\_\_\_\_

12. Is there any other special information that we should know to serve your child better?

\_\_\_\_\_